

10Km Pataias - 9º Edição | 2025

Classificação da Prova Oficial

Clas	Dor.	Nome	Equipa	Categoria	(Clas)	START GUN	8KM	Tempo	Diferenca
1	188	Victor Ferreira De Cerqueira	CAPenafirme	MSenior	(1)	2.0	23:51.4	33:24.8	
2	132	Samuel Limpinho	Clube atletismo Nazaré	MSenior	(2)	1.7	24:45.1	34:32.7	1:07.9
3	96	Filipe Azevedo	CPR A-do-Barbas	MSenior	(3)	2.0	24:54.7	34:51.5	1:26.7
4	181	Paulo Almeida	AC VERMOIL	MSenior	(4)	2.5	25:19.1	35:28.6	2:03.8
5	31	Fábio Rodrigues	A. C. S. Mamede	MSenior	(5)	2.5	25:34.2	35:57.0	2:32.2
6	121	Hugo Duarte	INDUSTRIAL DESPORTIVO VIEIRENS	M40	(1)	1.9	25:39.6	36:07.2	2:42.4
7	100	Danilo Rodrigues	Clube atletismo Nazaré	MSenior	(6)	3.7	26:53.4	37:19.6	3:54.8
8	4	Gildo Silva	Saca Trilhos Anadia	M40	(2)	2.6	26:46.7	37:33.6	4:08.8
9	129	Miguel Barba	Peniche a Correr	M45	(1)	2.1	27:11.0	38:04.5	4:39.7
10	205	Joseline Dania Azevedo Santos	CAAD	F40	(1)	2.3	27:13.1	38:09.7	4:44.9
11	190	Nelson Fernando Maraves Dos Sa	CAPenafirme	M50	(1)	2.3	27:11.3	38:10.1	4:45.3
12	48	Tiago	CDPataiense	M35	(1)	1.6	27:03.6	38:16.2	4:51.4
13	179	Licínio Carreira	AC VERMOIL	M50	(2)	3.3	27:36.1	38:30.5	5:05.7
14	151	Cristóvão Carvalho	#bindecorrer	MSenior	(7)	4.0	28:00.8	38:31.2	5:06.4
15	131	David Pinto	--	MSenior	(8)	4.5	28:01.7	38:31.5	5:06.7
16	72	Edgar Ganiho	CCRD Burinhosa	M40	(3)	3.2	27:30.3	38:33.6	5:08.8
17	194	Dinis Vieira	Baltos Runners	MSenior	(9)	3.6	27:28.0	38:35.3	5:10.5
18	215	Patrick Lima	G. D. Ponterolense	MSenior	(10)	2.5	27:38.6	38:54.7	5:29.9
19	182	Pedro Rocha	AC VERMOIL	Juniores M	(1)	1.3	28:00.6	39:06.6	5:41.8
20	13	Carlos Espanhol	Peniche a Correr	M35	(2)	2.1	27:50.4	39:08.3	5:43.5
21	232	Iuri Santiago	Clube de atletismo HM Training	MSenior	(11)	3.1	28:16.6	39:17.2	5:52.4
22	74	Sérgio Pacheco	Peniche a Correr	M45	(2)	1.9	27:52.2	39:24.1	5:59.3
23	34	Micael Pereira	Baltos Runners	Juniores M	(2)	3.9	28:17.3	39:30.2	6:05.4
24	112	Luis Cardoso	União Desportiva Alfoanelos	M35	(3)	3.4	27:53.0	39:36.1	6:11.3
25	80	Renato Casimiro	GDRC UNIDOS	MSenior	(12)	1.2	28:14.1	39:36.8	6:12.0
26	71	Francisco Rodrigues	CDPataiense	MSenior	(13)	3.9	28:23.9	39:41.9	6:17.1
27	118	Jorge Marcelino	INDUSTRIAL DESPORTIVO VIEIRENS	M50	(3)	4.9	28:25.2	39:51.1	6:26.3
28	225	Mário Silva	Clube de atletismo HM Training	M60	(1)	3.5	28:21.9	40:00.5	6:35.7
29	203	Renato Silva	--	M40	(4)	9.6	28:59.2	40:09.6	6:44.8
30	39	João Horta	Runópotência	M40	(5)	6.4	28:55.8	40:11.5	6:46.7
31	2	Benvinda Santos	--	FSenior	(1)	2.7	29:03.7	40:46.5	7:21.7
32	160	João Carlos Ribeiro Canas	GRF Benedita - Atletismo	M45	(3)	2.9	29:33.0	41:17.3	7:52.5
33	116	António Silva	INDUSTRIAL DESPORTIVO VIEIRENS	M55	(1)	1.2	29:36.1	41:38.8	8:14.0
34	33	Lauro Espanhol	--	MSenior	(14)	7.6	30:38.8	41:49.0	8:24.2
35	149	Lourenço Ribeiro	#bindecorrer	MSenior	(15)	4.1	29:48.4	41:49.1	8:24.3
36	107	Bruno Acheqa De Almeida	CDPataiense	MSenior	(16)	2.9	29:44.5	41:58.9	8:34.1
37	229	Francisco Costa	ACPortalegre/UTSM	M55	(2)	10.7	30:16.5	42:15.8	8:51.0
38	28	Bruno Gonçalo De Sousa Rodrigu	--	M45	(4)	2.8	29:54.0	42:27.1	9:02.3
39	75	David Sebastião	CDPataiense	M40	(6)	3.0	30:12.8	42:44.4	9:19.6
40	91	Miguel Silva	Nazaré Running	M55	(3)	10.4	30:51.7	42:52.4	9:27.6
41	92	Augusto Portugal	Nazaré Running	M50	(4)	11.0	30:51.4	42:52.5	9:27.7
42	89	Pedro Batista	--	MSenior	(17)	5.7	30:49.4	42:55.7	9:30.9
43	180	Helder Miranda	AC VERMOIL	M45	(5)	2.3	30:49.3	43:00.4	9:35.6
44	120	Artur Lopes	INDUSTRIAL DESPORTIVO VIEIRENS	M55	(4)	13.8	31:35.4	43:21.1	9:56.3
45	36	Joao Louro	Nfc Running team	M50	(5)	4.6	31:00.7	43:27.2	10:02.4
46	97	Tiago Correia	Velocity Centro de Treino	MSenior	(18)	10.1	31:04.6	43:31.0	10:06.2
47	162	Renato Soares	CCRD Burinhosa	M45	(6)	4.1	30:58.0	43:35.8	10:11.0
48	153	Bruno Almeida	--	M40	(7)	6.4	31:03.4	43:45.0	10:20.2
49	210	Nelson Santos	7COLINASRUNNERS	M40	(8)	3.5	31:33.9	43:51.3	10:26.5
50	65	Bruno Alexandre Lopes Ribeiro	--	M40	(9)	5.9	31:53.4	44:05.3	10:40.5
51	218	Filipe Brízida	--	M50	(6)	6.8	31:51.2	44:20.5	10:55.7
52	217	Ruben Bernardo	Individual	M35	(4)	9.2	31:39.7	44:28.2	11:03.4
53	136	Joana Silva	GRF Benedita - Atletismo	F35	(1)	3.9	31:39.6	44:31.2	11:06.4
54	8	Nuno Silva	HeCaTEAM	M45	(7)	5.0	31:07.7	44:40.5	11:15.7
55	93	Daniel Lopes	Baltos Runners	MSenior	(19)	4.5	32:08.1	44:47.3	11:22.5
56	12	Sara Espanhol	--	F35	(2)	4.4	32:03.7	45:04.3	11:39.5
56	9	Helena Moreira	HeCaTEAM	F45	(1)	4.5	32:04.1	45:04.3	11:39.5

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Clas	Dor.	Nome	Equipa	Categoria	(Clas)	START GUN	8KM	Tempo	Diferenca
58	26	António Morgado	Chitas de Alcobaça	M55	(5)	6.0	31:58.6	45:11.2	11:46.4
59	111	Helder Pinto	Porto de Mós a Correr	M45	(8)	10.8	32:42.3	45:26.8	12:02.0
60	24	Valter Eustaquio	--	M45	(9)	7.5	32:45.0	45:38.7	12:13.9
61	21	Paulo Miguel Santos Vilela	--	M40	(10)	5.2	32:26.7	45:42.7	12:17.9
62	17	João Fernandes	--	MSenior	(20)	9.8	33:26.7	45:46.4	12:21.6
63	98	Marcelo Azevedo	CDPataiense	MSenior	(21)	9.2	32:59.5	45:59.6	12:34.8
64	159	Filipe Sousa	CDPataiense	MSenior	(22)	9.4	33:21.0	46:09.1	12:44.3
65	103	Arsénio Fernandes	ARSM - Associação Recreativa d	M65	(1)	2.2	33:22.6	46:18.5	12:53.7
66	220	Luis Henriques	CDPataiense	M50	(7)	12.2	33:03.5	46:31.0	13:06.2
67	105	Adventino Conceição	CDPataiense	M60	(2)	12.9	33:03.1	46:33.2	13:08.4
68	166	Luís Estrelinha	CCRD Burinhosa	M60	(3)	12.8	33:36.2	46:36.1	13:11.3
69	27	Eduardo Dias	--	M45	(10)	5.3	33:18.3	46:41.9	13:17.1
70	128	Amilcar Costa	ACRM Silveirinha Grande Claras	M55	(6)	5.4	33:33.4	46:48.4	13:23.6
71	59	José Alberto	AA Coimbra	M65	(2)	14.9	33:54.1	46:59.1	13:34.3
72	32	José Ribeiro	Chitas de Alcobaça	MSenior	(23)	8.1	33:52.3	47:11.7	13:46.9
73	50	Carlos Soares	CCRD Burinhosa	M55	(7)	12.5	33:42.6	47:25.7	14:00.9
74	49	Tomé Manuel Vinagre Soares	CCRD Burinhosa	MSenior	(24)	12.6	33:42.2	47:26.0	14:01.2
75	144	Paulo Sousa	GDRC UNIDOS	M45	(11)	12.6	33:44.7	47:34.8	14:10.0
76	236	Luis Rodrigues	ACPortalegre/UTSM	M55	(8)	6.1	34:09.8	47:40.6	14:15.8
77	7	Mário Alberto Moreira De Almei	Peniche a Correr	M40	(11)	6.7	34:31.7	47:49.5	14:24.7
78	233	Emílio Paulino	ACPortalegre/UTSM	M65	(3)	11.7	34:27.1	47:50.2	14:25.4
79	43	Diogo Silva	--	M35	(5)	8.4	33:55.6	48:02.4	14:37.6
80	137	Luis Paulo	GRF Benedita - Atletismo	M65	(4)	4.8	34:15.3	48:03.5	14:38.7
81	148	Luís Tavares	--	M50	(8)	13.8	34:13.8	48:13.9	14:49.1
82	191	Tarcísio Vitorino	--	M50	(9)	8.2	34:05.8	48:15.7	14:50.9
83	68	Alberto Santos	ÁGUIAS DA ESTRADA	M60	(4)	13.5	34:14.7	48:22.9	14:58.1
84	67	Nuno Silva	--	M45	(12)	19.1	34:34.7	48:28.6	15:03.8
85	79	Emanuel Silva	Peniche Bike Riders	M40	(12)	11.6	35:47.1	49:09.4	15:44.6
85	52	Ricardo Costa	Peniche Bike Riders	M35	(6)	11.7	35:47.7	49:09.4	15:44.6
87	104	Rodolfo Ribeiro Gonçalves	Canhões da Nazaré	M45	(13)	7.9	35:44.7	49:35.6	16:10.8
88	126	Manuel Carlos Freire Martins	Thomar Athletics	M70	(1)	5.9	35:40.3	49:42.2	16:17.4
89	110	João Ferreira	--	M35	(7)	10.1	35:42.4	49:45.5	16:20.7
90	84	Nuno Vaz Oliveira	#100Sola	M40	(13)	5.7	36:10.9	49:59.4	16:34.6
91	83	Rui Ventura	CO2	M60	(5)	7.8	36:08.5	50:10.8	16:46.0
92	146	Jorge Pestana	DS Auto Turquel	MSenior	(25)	16.2	35:44.7	50:13.2	16:48.4
93	211	Joel Filipe Gregório De Melo F	--	M55	(9)	7.4	35:54.1	50:16.5	16:51.7
94	195	Paulo Fonseca	--	M60	(6)	19.0	36:36.4	50:30.0	17:05.2
95	46	Xavier Dos Santos Carvalho	--	Juniores M	(3)	16.4	36:19.6	50:44.4	17:19.6
96	125	Claudio Bento Custodio	--	M45	(14)	12.6	36:15.1	50:45.8	17:21.0
97	228	Mia Sanches	ACPortalegre/UTSM	F35	(3)	11.6	36:00.9	50:50.9	17:26.1
98	192	Dora	--	F40	(2)	5.0	36:12.5	51:09.5	17:44.7
99	30	Joaquim Maranhão	Nazaré Running	M50	(10)	11.1	37:37.5	51:13.4	17:48.6
100	133	Anabela Ferreira	Chitas de Alcobaça	F55	(1)	6.0	36:50.9	51:13.7	17:48.9
101	235	Odete Barbas	ACPortalegre/UTSM	F55	(2)	6.8	36:11.8	51:13.8	17:49.0
102	11	Luís Gil	--	M40	(14)	12.9	36:27.0	51:18.7	17:53.9
103	197	Mario	Clube Desportivo Moitense	M65	(5)	3.1	36:11.4	51:23.4	17:58.6
104	113	Ruben Santos	--	MSenior	(26)	10.1	36:57.3	51:27.7	18:02.9
105	184	Diogo Carreira	--	MSenior	(27)	7.2	37:49.9	51:33.4	18:08.6
106	167	Marco Ribeiro	CCRD Burinhosa	M55	(10)	12.7	36:22.1	51:39.7	18:14.9
107	88	José Marcos Guerreiro Mira	CLUBE DESPORTIVO ASAS DO MILEN	M70	(2)	9.2	36:59.7	51:45.1	18:20.3
108	114	Miguel Alendouro	--	MSenior	(28)	10.3	36:57.5	51:51.1	18:26.3
109	240	Rute Ferreira	ACPortalegre/UTSM	F45	(2)	6.6	36:48.0	51:56.1	18:31.3
110	157	Mauro	Velocity Centro de Treino	MSenior	(29)	6.8	37:06.9	52:18.6	18:53.8
111	81	Martim Dos Santos Inácio	--	Juniores M	(4)	17.0	37:24.6	52:23.7	18:58.9
112	45	Silvia Silva	--	F50	(1)	6.4	37:26.7	52:40.0	19:15.2
113	145	Antonio Alexandre	Clube atletismo Nazaré	M65	(6)	12.5	37:09.3	52:52.6	19:27.8
114	224	Luciana Sardo	Clube de atletismo HM Training	F45	(3)	3.6	38:16.1	53:02.1	19:37.3
115	143	Mariana Raimundo	--	FSenior	(2)	9.2	37:33.6	53:05.7	19:40.9

Clas	Dor.	Nome	Equipa	Categoria	(Clas)	START GUN	8KM	Tempo	Diferença
116	115	Claudio Melo	--	MSenior	(30)	11.1	40:25.6	53:11.4	19:46.6
117	202	Pedro Capelo	--	M40	(15)	8.1	37:42.1	53:14.6	19:49.8
118	139	Rute Pereira	Clube de Atletismo de Óbidos	F50	(2)	9.2	38:06.9	53:21.3	19:56.5
119	35	Fernando Gaspar	--	M55	(11)	8.6	37:48.2	53:29.2	20:04.4
120	63	Fernando Da Florência Peça	--	M35	(8)	6.6	37:45.8	53:39.0	20:14.2
121	127	Luis Costa	GDRC PONTERROLENSE	M50	(11)	14.0	38:14.6	53:49.4	20:24.6
122	214	Sofia Agostinho	Speedy Team	F40	(3)	5.2	38:36.8	53:52.8	20:28.0
123	150	Vanessa Matos	#bindecorrer	FSenior	(3)	4.7	38:37.9	53:53.0	20:28.2
124	99	José Henriques	Individual	M55	(12)	7.4	38:34.0	53:53.3	20:28.5
125	227	Dora Bicho	ACPortalegre/UTSM	F50	(3)	11.3	38:56.5	54:01.3	20:36.5
126	226	Helena Mourão	Clube de atletismo HM Training	F60	(1)	4.3	39:56.1	54:07.9	20:43.1
127	25	Dalila Santos	--	F50	(4)	7.8	38:54.8	54:17.1	20:52.3
128	123	Marina Maria Coutinho Figueire	--	F55	(3)	5.4	38:36.6	54:29.3	21:04.5
129	109	Ana Paula	Porto de Mós a Correr	F60	(2)	10.1	39:09.6	54:35.0	21:10.2
130	234	João Sousa	--	M35	(9)	13.6	38:54.8	54:41.6	21:16.8
131	199	Isabel	Clube Desportivo Moitense	F45	(4)	7.7	39:23.4	54:52.1	21:27.3
132	108	Pedro Felicidade	--	MSenior	(31)	16.0	39:16.0	54:53.4	21:28.6
133	198	Jorge Gomes	Clube Desportivo Moitense	M50	(12)	8.0	39:22.8	54:53.5	21:28.7
134	213	Eleandro Andrade	Twopikas	MSenior	(32)	15.7	39:11.3	55:24.7	21:59.9
135	130	Diana Ramos	--	FSenior	(4)	18.4	39:29.8	55:25.7	22:00.9
136	209	Inácio Carmo	--	M45	(15)	18.1	39:48.7	55:41.3	22:16.5
137	239	Gonçalo Pestana	DS Auto Turquel	MSenior	(33)	17.2	39:52.3	55:53.7	22:28.9
138	47	Raul Martins	--	M40	(16)	12.4	40:01.4	56:10.4	22:45.6
139	208	Dina Santos	--	F45	(5)	18.3	40:08.7	56:29.6	23:04.8
140	135	Vânia Jesus	--	F35	(4)	5.4	40:18.8	56:40.4	23:15.6
141	5	Santiago Reis	--	MSub18	(1)	4.3	40:51.4	56:58.4	23:33.6
142	161	Patrícia Ferreira	CCRD Burinhosa	FSenior	(5)	11.0	40:53.1	56:59.0	23:34.2
143	134	Beatriz Louro	Nfc Running team	FSenior	(6)	5.8	40:20.9	57:00.3	23:35.5
144	185	André Branco	--	MSenior	(34)	6.9	40:57.7	57:24.1	23:59.3
145	60	Isabel Rodrigues	Bairro dos Anjos	F50	(5)	6.0	41:20.2	57:30.7	24:05.9
146	40	João Pedro Henriques Loureiro	--	M35	(10)	10.0	41:14.3	57:42.8	24:18.0
147	3	Vitor Manuel Parreira	--	M70	(3)	16.6	40:57.3	57:47.8	24:23.0
148	178	Eugenio Mendes	AC VERMOIL	M60	(7)	9.2	41:08.9	58:02.8	24:38.0
149	207	Rita	--	FSenior	(7)	18.4	41:19.5	58:09.3	24:44.5
150	170	Marta Vagos	Canhões da Nazaré	F45	(6)	8.5	41:32.3	58:11.6	24:46.8
151	147	Rita Agostinho	DS Auto Turquel	FSenior	(8)	15.9	41:40.5	58:22.7	24:57.9
152	164	Luís Conceição	CCRD Burinhosa	M65	(7)	11.1	42:31.8	58:29.1	25:04.3
153	10	Olívio Rodrigues	--	M40	(17)	13.5	40:30.8	58:30.4	25:05.6
154	158	Delphine Barros	SPEEDLINE RUNNERS	F50	(6)	6.0	41:23.7	58:37.1	25:12.3
155	51	João Pedro Da Silva Henriques	--	MSenior	(35)	11.7	41:52.5	58:37.5	25:12.7
156	18	Raquel Roldão	--	FSenior	(9)	16.7	42:16.8	58:44.5	25:19.7
157	76	Inês Gomes Basílio	--	FSenior	(10)	11.3	42:39.0	58:48.4	25:23.6
158	77	Beatriz Duarte Azevedo	--	FSenior	(11)	11.0	42:39.8	58:48.6	25:23.8
159	138	Antonio Miranda	Clube de Atletismo de Óbidos	M75	(1)	20.5	41:39.6	59:02.2	25:37.4
160	183	João Ribeiro	CDPataiense	MSenior	(36)	15.7	42:17.6	59:10.9	25:46.1
160	168	Miguel Ferreira Bagagem	CDPataiense	MSenior	(36)	9.2	42:05.9	59:10.9	25:46.1
160	106	Tiago André Mota Ribeiro	CDPataiense	MSenior	(36)	15.5	42:10.9	59:10.9	25:46.1
163	196	Diamantino	Clube Desportivo Moitense	M65	(8)	17.7	42:03.8	59:25.9	26:01.1
164	152	Vera Cordeiro	#bindecorrer	FSenior	(12)	4.7	42:11.0	59:26.1	26:01.3
165	171	Sara Sousinha	--	FSenior	(13)	14.6	42:11.6	59:27.5	26:02.7
166	55	Bruno Ramos	--	MSenior	(39)	15.9	42:30.0	59:42.6	26:17.8
167	56	Joana Bagagem	--	F35	(5)	15.2	42:30.4	59:42.7	26:17.9
168	57	Flávio Fino	--	M45	(16)	15.8	42:56.9	59:55.4	26:30.6
169	58	Venusa Silva	--	F35	(6)	15.9	42:58.1	59:55.5	26:30.7
170	64	Débora Balau	--	FSenior	(14)	14.5	41:47.8	1h00:07.4	26:42.6
171	174	Francisco Lopes	--	MSenior	(40)	20.8	43:16.5	1h00:07.9	26:43.1
172	173	Inês Cunha	--	FSenior	(15)	21.3	43:17.4	1h00:08.4	26:43.6
173	124	Vitor Rico	--	M55	(13)	19.2	42:59.6	1h00:17.1	26:52.3

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Classificação da Prova Oficial

Clas	Dor.	Nome	Equipa	Categoria	(Clas)	START GUN	8KM	Tempo	Diferenca
174	122	João Graça	ACRM Silveirinha Grande Claras	M65	(9)	6.4	43:14.6	1h00:22.0	26:57.2
174	62	Gonzalo Cordero	Individual	M50	(13)	14.4	43:59.9	1h00:22.0	26:57.2
176	61	Maria Cordero	Serie B	F45	(7)	14.6	44:00.7	1h00:22.1	26:57.3
177	155	Sara Madureira	Clube de Atletismo de Óbidos	Juniores F	(1)	17.9	43:44.7	1h00:24.8	27:00.0
178	193	Gonçalo Carvalho	--	M40	(18)	18.0	43:44.8	1h00:25.0	27:00.2
179	163	José Reinaldo	CCRD Burinhosa	M60	(8)	16.2	42:59.2	1h00:32.6	27:07.8
180	16	Maria Ângela Cardoso Da Silva	--	FSenior	(16)	17.0	43:44.5	1h01:44.4	28:19.6
181	54	Joao Mota	--	M40	(19)	17.4	45:47.3	1h02:20.6	28:55.8
182	69	Ana Bárbara	ÁGUIAS DA ESTRADA	F55	(4)	13.5	43:39.2	1h02:27.1	29:02.3
183	186	Alexandre Vítor Marques Gonçal	--	MSenior	(41)	7.6	43:27.1	1h02:43.6	29:18.8
184	15	Caetana Pedro	--	FSenior	(17)	19.3	44:44.6	1h03:10.1	29:45.3
185	90	Pedro Silva	TÁLENTO PARA CORRER TEAM	M45	(17)	13.2	44:09.8	1h03:18.3	29:53.5
186	94	Vítor Manuel Ferreira Prata	Pace.makers	M60	(9)	6.8	43:40.9	1h03:21.5	29:56.7
187	156	Nélia Pintassilgo	--	F50	(7)	5.0	45:21.9	1h03:35.8	30:11.0
188	169	Sara Faria	Canhões da Nazaré	F45	(8)	8.5	45:26.0	1h03:51.5	30:26.7
189	78	Francisco	--	Juniores M	(5)	17.0	45:26.4	1h04:02.4	30:37.6
190	140	Sandrine Pires	Clube de Atletismo de Óbidos	F50	(8)	18.0	45:33.9	1h04:07.8	30:43.0
191	95	Cátia Luz	--	FSenior	(18)	18.1	45:42.3	1h04:16.8	30:52.0
192	82	Carla Brás	--	F45	(9)	18.4	46:17.0	1h06:00.6	32:35.8
193	204	Carla Carvalho	Grupo Alegre Unido Bajouca	FSenior	(19)	11.6	45:48.9	1h06:30.5	33:05.7
193	141	Sílvia Horta	apocalípticas	FSenior	(19)	11.6	45:49.1	1h06:30.5	33:05.7
195	1	Vítor Macedo	--	M60	(10)	2.2	46:55.5	1h06:55.3	33:30.5
196	187	Renato Macedo	--	MSenior	(42)	12.5	47:24.3	1h06:58.2	33:33.4
197	42	Daniela Castela	--	FSenior	(21)	20.0	47:55.0	1h07:06.0	33:41.2
198	237	Silvana Lemos	--	FSenior	(22)	19.6	47:57.2	1h07:07.5	33:42.7
199	23	Gislaine Dias	Safados Do Berço	F45	(10)	20.3	47:10.0	1h07:25.9	34:01.1
200	22	Hugo Carolino	Safados Do Berço	M40	(20)	20.4	47:18.6	1h07:26.6	34:01.8
201	231	Anabela Vilas Boas Silva Marti	--	FSenior	(23)	18.5	48:46.3	1h10:47.4	37:22.6
202	86	Ana Balancho	--	F40	(4)	17.1	52:24.2	1h12:56.5	39:31.7
203	85	Luis Vieira	--	M40	(21)	17.2	52:24.2	1h12:59.7	39:34.9
204	172	Hugo Filipe Marques Patrocínio	Apocalípticos	M35	(11)	14.1	52:22.1	1h13:06.9	39:42.1
205	223	Neusa Ramalho	Clube de atletismo HM Training	F55	(5)	10.1	52:59.5	1h15:14.5	41:49.7
206	14	Octávio Pereira	--	M40	(22)	20.7	58:59.5	1h23:28.5	50:03.7

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Cronometragem de Eventos Desportivos

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